



Slow Food®

Northern New Jersey

www.slowfoodnnj.org

May 2008

SLOW FOOD NORTHERN NJ EVENTS: RSVP slowfoodnnj@yahoo.com

- **May 31:** Terra-Slow Food Book Club (meets 5 times a year)
- **July 20:** 100 MILE Dinner
- **August 10:** TOMATO Day at Frelinghuysen Arboretum
- **September 6:** 3rd Annual Farm & Food Open House & Dinner
- **October 6:** Slow Food For Thought Series: Preserving the Season, Lecture & Food Demo
- **November 3:** Slow Food For Thought Series: Raw Milk, Lecture & Food Demo
- **November 14:** Wine Education 1: Wines For Thanksgiving
- **January 2009:** Key Ingredients Exhibit Event : Local Harvest: Farms, Food, & Family
- **February 27, 2009:** Wine Education 2: Italian Sparkling & Sweet Wines
- **March 20, 2009:** Wine Education 3: Italian Super Whites

May 31, 2008, 7:00- 9:30PM

TERRA -SLOW FOOD BOOK CLUB

Book: Omnivore's Dilemma

Author: Michael Pollan

Book discussion and a seasonal, local dinner before, available at a very moderate price. Please come and join us for a lively discussion of "Omnivore's Dilemma." Guest speaker **Farmer Paul Dalrymple** will talk about **Joel Salatin**. **See details below**

July 20, 2008, 1:00PM

100 MILE FIVE COURSE SUNDAY DINNER

Pluckemin Inn, Exec Chef David Felton

Pluckemin, NJ

A wonderful Sunday meal with Local Farm Food from a 100 mile radius. \$50 for members/ \$55 for non-members. See details below.

August 10, 2008, 1:00PM

TOMATO DAY

Frelinghuysen Arboretum

Taste NJ tomatoes from featured NJ Farms, seed saving workshop, many cooking demos using tomatoes, purchase tomatoes direct from farmers, tomato tour of the garden, & more.

September 6, 2008, 10- 4PM, 5- 8PM

3RD ANNUAL FARM & FOOD OPEN HOUSE

A Taste of the Garden State

In Partnership with Foodshed Alliance & Buy Fresh, Buy Local North Jersey Farms. 13 Farms to tour and learn about great NJ food. Cook out dinner utilizing food from all 13 farms cooked by top NJ chefs. Details coming soon.

Terra -Slow Food Book Club

Book: Omnivore's Dilemma

Author: Michael Pollan

It's book club time again. We were sold out quickly for our last book club so RSVP ASAP, your check reserves your space. Book discussion and a seasonal, local dinner before, available at a very moderate price. Please come and join us for a lively discussion about Omnivore's Dilemma. Guest speaker **Farmer Paul Dalrymple** will talk about Joel Salatin.

May 31, 2008

7:00- 8:00PM optional dinner

8:00- 9:30PM book discussion

Location:

Terra Tea Salon and Fair Trade Market
10 Church Street
Montclair NJ 07042

Dinner Menu:

Seasonal Savory Pies (Vegan and Poultry versions available)
served with side of organic mixed green salad and homemade organic rolls
Organic, Fair Trade Tea or Coffee
Dessert local gelato/sorbet and cookies
BYOB if you like.

Cost for Slow Food members: \$15.00

Cost for non-member: \$20.00

Please RSVP & mail your check for the dinner by May 15, 2008
payable to Slow Food NNJ to:

Pam Tonucci, 27 Field Road, Maplewood, NJ 07040

Reservations Required for both dinner &/or book discussion
Limited Seating (Maximum 20)

please **RSVP** to slowfoodnnj@yahoo.com

Any questions call Margaret 908-654-3242

Take it Slow,
Margaret Noon,
Slow Food Northern NJ Leader
slowfoodnnj@yahoo.com
www.slowfoodnnj.org

July 20, 2008, 1:00PM

SLOW FOOD Northern NJ 100 MILE DINNER

Executive Chef David Felton

PLUCKEMIN INN

**359 Route 202/206 South & Pluckemin Way
Bedminster NJ 07921**

A wonderful Sunday meal with Local Farm Food from a 100 mile radius of Pluckemin.

100 MILE MENU

Amuse Bouche

Fresh pea soup with mint and basil from the garden

Second

Composition of local tomatoes, cheese, and green onions
(Vegan options available)

Third

Barnegat scallops cerviche, Roman's honey & vinegar, shaved fennel & cucumber
(Vegetarian, Vegan options available)

Fourth

Roasted Griggstown chicken, Mt olive potatoes, green house greens
(Vegetarian, Vegan options available)

Fifth

Seasonal Dessert to be determined, maybe a cheese course or local fruit etc

Cost for Slow Food members: \$50.00

Cost for non-member: \$55.00

Please RSVP ASAP & mail your check for the dinner by July 10, 2008
payable to **Slow Food NNJ** to:

Pam Tonucci, 27 Field Road, Maplewood, NJ 07040

please RSVP to slowfoodnj@yahoo.com

Any questions call Margaret 908-654-3242